



## **SPORT & RECREATION**

### **Golf**

The accommodation at Flamingo Lakes is constructed around 27 beautifully constructed and landscaped golf holes. Eighteen form an exquisite John Jacobs Parkland Course. (The John Jacobs' organisation is the prestigious English designer of one of the famous Wentworth courses amongst other excellent European golf venues) With testing bunker placements and numerous hazardous but picturesque water features the course is designed to be a good examination of technique as well as being a fun course to play. The shorter nine hole Executive Course complements the main course and offers the chance for a relaxing couple of hours but again featuring water hazards and cleverly placed sand traps.

### **Tennis**

Merida and the Yucatan is the tennis capital of Mexico and Flamingo Lakes will look to build on this reputation with the development of a truly world class tennis academy designed to raise the profile of the game in the region even more. A range of covered, uncovered and floodlit match play and practice courts will be made available with an extensive program of teaching for all levels of ability. The Academy programme will offer a teaching, practice and match facilities for Resort Members and also promote outreach programs to identify and nurture up and coming local talent. Promotion of major tournaments and exhibitions will also be a regular feature.

### **Equestrian Facilities**

With such an extensive acreage of unspoilt countryside and miles of trails to explore not to mention an endless vista of white sand beach fringing the emerald Gulf waters, the Resort was crying out for an Equestrian Center. This together with the rich Mexican heritage of horsemanship and a wealth of talented and empathetic teachers and instructors found locally, has given the Flamingo Lakes' Team the opportunity to create a state of the art Equestrian Center with full stabling facilities (including livery).

### **Spa facilities and Health Club**

The Flamingo Lakes Resort will offer a comprehensive Health Spa, which will incorporate the best practices, therapies and treatments available as well as employing the best trained professional therapists. Ancient Mayan treatments and traditions (the Mayans were firm believers in the efficacy of heat and steam treatments thousands of years ago) will be incorporated into the program. Treatments will obviously attract additional fees, which would be paid directly.

A state of the art gym, featuring a full range of cardiovascular and resistance equipment as well as studios offering a full program of instructor led activities will be provided in the village center. Being able to have a regular workout is important to so many people these days and the fully and expertly staffed gym at Flamingo Lakes will be available throughout the day and evening to enable Members to undertake their exercise programs at their convenience.

### **Nature Reserve, Walking and Cycling Trails and Other Sports**

The Flamingo Lakes Resort will offer lots of opportunities for quiet enjoyment of the countryside and of the prolific range of flora and fauna. The 840-acre Nature Reserve will be criss crossed with a network of paths offering the prospect of observing nature's bounty at close quarters and even visit some restored Mayan artefacts. The routes will also double as jogging or cycling trails giving Residents the chance to exercise as well as enjoy the surroundings. Facilities for a wide range of formal and informal sport will also be available at the Sports center in the village